

S	S	E	N	T	I	F	G	E	Q
S	T	N	E	I	R	T	U	N	J
S	T	U	N	A	E	P	Ñ	G	O
E	X	E	R	C	I	S	E	W	L
P	V	G	I	N	G	E	R	E	N
G	B	A	N	A	N	A	M	O	V
B	F	O	O	D	M	O	I	P	K
J	N	P	V	X	N	T	V	L	V
M	E	D	I	T	A	T	I	O	N
Z	K	I	W	X	I	M	T	C	G
S	J	W	A	O	G	X	A	U	U
N	L	L	X	Ñ	L	K	M	H	C
T	E	E	E	R	U	S	I	E	L
R	K	B	E	C	L	V	N	F	R
T	J	E	L	P	P	A	S	E	V

BANANA
 EXERCISE
 FITNESS
 FOOD
 GINGER
 LEISURE
 LEMON
 MEDITATION
 MILK
 NUTRIENTS
 PEANUTS
 RELAXATION
 SLEEP
 VITAMINS

